

Do What You Are Assessment Quick Guide

Overview

The Do What You Are® assessment uses personality types to suggest careers and clusters that might be a good match for a student.

During the assessment, students can stop and save their progress. The results of the assessment provide students with a four-part personality type. Each of the four parts represents a personality trait that contributes to the student's overall personality type. The results page has detailed information about the student's personality type and potential careers and majors for the student to consider. [View more information about the potential outcomes of the Do What You Are assessment.](#)

This assessment is recommended for **high school students (9th to 12th grade)**, but can be used effectively with 8th graders.

Access

Enabling the Assessment

To enable Do What You Are for students:

1. Go to **Connections > Naviance Student**.
2. Click **Select and Update Optional Features**.
3. Find **Do What You Are** in the **Features** table.
4. Check the boxes for the grade levels for which the assessment should be activated.
5. Click the **Update Features** button.

Staff Access

To enable staff user permissions:

1. Click **Setup** under Account Setting on homepage of Naviance.
2. Click **User Admin > Manage Roles and Rights**.
3. Click **Manage** next to the role you wish to give permission.
4. Click **Modify Permissions**.
5. Put a check in the box next to permission: *View personality type results and Reset personality type survey*.
6. Scroll to bottom of page and click **Submit**.

Student Access

Students can access the Do What You Are assessment by logging into Naviance Student and going to **About Me > Do What You are under My Assessments header** or

Careers > Do What You are under What are my interest?

Sometimes, a student will not be able to arrive at a type through Do What You Are. In these cases, the test will restart. You can suggest the student retake the assessment, or have him take the assessment with someone who knows him well, to get more accurate perceptions.

Note: In order for students to See Related Careers, the Careers Tab and Career Search need to be enabled for students.

Viewing Assessment Results

The assessment results are located on the Assessment tab of the student folder. If you need to reset the assessment for a student, click **Reset Survey**. To print the results, click **View Full Report** and a page appears that you can print from your browser.

Resetting the Assessment

Do What You Are can be reset if the student has started or completed the assessment in Naviance Student. **Note:** Students cannot reset their own assessment.

To reset Do What You Are:

1. Open the student folder.
2. Go to the **Assessments** tab.
3. Click the **Reset** link to the right of the assessment results.

Student Results

There are 16 potential outcomes of the Do What You Are® assessment, based on personality types.

The Do What You Are assessment will answer the following questions for students and provide one of the two associated outcomes for each question:

Introversion vs. Extraversion: Where do you direct your energy?

- Introverts prefer to:
 - focus their attention inward
 - consider things fully before responding
 - concentrate on one project at a time
 - work at a careful but steady pace
- Extraverts prefer to:
 - focus their attention outward
 - work on a variety of tasks
 - seek out and interact with many people
 - work at a rapid pace
 - talk about their ideas to think them through

Sensing vs. Intuition: How do you process information?

- Sensors prefer to:
 - focus on “what is” rather than “what could be”
 - work with real things rather than ideas
 - apply past experience to solving problems
 - receive specific and realistic directions
- Intuitives prefer to:
 - focus on “what could be” rather than “what is”
 - work with theories and ideas
 - consider novel ideas and new possibilities, use their imaginations

Thinking vs. Feeling: How do you make decisions?

- Thinkers prefer to:
 - analyze problems logically
 - weigh pros and cons, and make decisions objectively
 - be tough negotiators
 - be motivated by achievement
- Feelers prefer to:
 - do work that is meaningful
 - help others and be appreciated
 - make decisions according to their values
 - work in a friendly, supportive environment
 - make efforts to understand other people

Judging vs. Perceiving: How do you organize your life?

- Judgers prefer to:
 - make many decisions as part of their work
 - work in a predictable environment
 - complete their responsibilities before relaxing
 - maintain control over projects
- Perceivers prefer to:
 - work in flexible and changing conditions
 - respond to problems as they arise
 - have fun during their work
 - work with fewer rules and procedures

Sample question

Do What You Are

Intro — **STEP 2** — STEP 3
Take Assessment — View Results

English

I think through ideas by talking about them with others.

I need to think things through before I'm ready to discuss them.

Previous

Student Results (Snapshot)

Intro
Take Assessment
STEP 3
View Results

Completed on Jul 6, 2017

Your personality type is: ISFJ

Feelers prefer to:

- do work that is meaningful
- help others and be appreciated
- make decisions according to their values
- work in a friendly, supportive environment
- make efforts to understand other people

Introverts prefer to:

- focus their attention inward
- consider things fully before responding
- concentrate on one project at a time
- work at a careful but steady pace

Judgers prefer to:

- make many decisions as part of their work
- work in a predictable environment
- complete their responsibilities before relaxing
- maintain control over projects

Sensors prefer to:

- focus on "what is" rather than "what could be"
- work with real things rather than ideas
- apply past experience to solving problems
- receive specific and realistic directions

People like you are quiet, gentle, and caring. When people first meet you you may seem reserved and cool. But once you get to know and care about someone, you are warm and very loyal. You tend to be cautious about jumping into social activities and may resist trying new experiences. Instead, you like spending time with one or two close, trusted friends or spending time alone, enjoying the things that really interest you. You are considerate, respectful, and sensitive, and usually find tension or conflict between people very uncomfortable. Since you have strong beliefs about right and wrong and try to always treat other people kindly, you may be easily hurt or offended by the insensitivity or callousness of others.

You are also unpretentious and down-to-earth. You speak clearly and literally, and want others to be equally explicit in explaining directions or stating their expectations of you. You tend to be selective about things like food and clothing, are usually tidy and organized, and prefer to be dressed appropriately for all occasions. You're also careful with your money and possessions. You are probably blessed with an excellent memory for details, especially facts about people, but may find it hard to read between the lines or deal with a lot of abstractions. Since you like to make a decision and stick with it, you are often annoyed when plans are changed suddenly. You're not a big risk taker and are happiest with a predictable daily routine. While you want to please the people close to you, you are rarely willing to compromise on really important issues.

[View Full Report](#)

Student Results (Details)

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Overview
Details ▾

Understanding you, Michael

People like you are quiet, gentle and caring. When people first meet you, you may seem reserved and cool. But once you get to know and care about someone, you are warm and very loyal. You tend to be cautious about jumping into social activities and may resist trying new experiences. Instead, you like spending time with one or two close, trusted friends or spending time alone, enjoying the things that really interest you.

You are considerate, respectful and sensitive, and usually find tension or conflict between people very uncomfortable. Since you have strong beliefs about right and wrong and always try to treat other people kindly, you may be hurt or offended easily by the insensitivity or callousness of others.

You are also unpretentious, practical and sincere. You speak clearly and literally, and want others to be equally explicit in explaining directions or stating their expectations of you. You tend to be selective about things like food and clothing, are usually tidy and organized, and prefer to be dressed appropriately for all occasions. You're also careful with your money and possessions.

You are probably blessed with an excellent memory for details, especially facts about people, but may find it hard to read between the lines or deal with a lot of abstractions. Since you like to make a decision and stick with it, you are often annoyed when plans are changed suddenly. You're not a big risk taker and are happiest with a predictable daily routine. While you want to please the people close to you, you are rarely willing to compromise on really important issues.

Note: Based on our assessment, your personality type is "ISFJ."

Your Strengths and Blindspots

Everyone has strengths and weaknesses. The key to finding the best path for all people is by using their natural strengths and becoming aware of their natural blindspots.

Tips and Tricks

- Link to student handout ([click here](#))
- Link to counselor workbook ([click here](#))
- Link to criteria checklist ([click here](#))